



# ADULT SPRING WORKSHOPS

## Bok Schedule

Monday, March 24th	Tuesday, March 25th	Wednesday, March 26th	Thursday, March 27th	Friday, March 28th
	<p><b>Handstand &amp; Cartwheel Workshop</b> 8:00pm - 9:15pm</p>	<p><b>Handspring Workshop</b> 12:00pm - 1:15pm</p>	<p><b>Flips Workshop</b> 8:00pm - 9:15pm</p>	
Monday, March 31st	Tuesday, April 1st	Wednesday, April 2nd	Thursday, April 3rd	Friday, April 4th
		<p><b>Aerials Workshop Queen Village*</b> 6:30pm - 7:45pm</p>		
Monday, April 7th	Tuesday, April 8th	Wednesday, April 9th	Thursday, April 10th	Friday, April 11th
	<p><b>Beam &amp; Bars Workshop</b> 8:00pm - 9:15pm</p>	<p><b>Handstand &amp; Cartwheel Workshop</b> 12:00pm - 1:15pm</p> <p><b>Aerials Workshop Queen Village*</b> 6:30pm - 7:45pm</p>	<p><b>Aerials &amp; Walkovers Workshop</b> 8:00pm - 9:15pm</p>	
Monday, April 14th	Tuesday, April 15th	Wednesday, April 16th	Thursday, April 17th	Friday, April 18th
	<p><b>Flips Workshop</b> 7:30pm-8:45pm</p>	<p><b>Aerials &amp; Walkovers Workshop</b> 12:00pm - 1:15pm</p>	<p><b>Handspring Workshop</b> 7:30pm-8:45pm</p>	

\* Our Adult Aerial Workshops are hosted at our Queen Village location (500 Kenilworth St.). All other adult classes are hosted at our Bok location.

Have any questions or concerns? Email us at: [info@phillyinmovement.com](mailto:info@phillyinmovement.com) for more information.

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