



# ADULT PROGRAMS - SPRING 2025

## Bok Schedule

Spring 2025 Session: April 21st - June 14th

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<b>Adult Beginner Series</b> 12:00PM-1:15PM	<b>Adult Beginner Series</b> 12:30PM-1:45PM	<b>Adult Drop-In</b> 9:00am-10:00am	<b>Adult Intermediate Series</b> 8:00PM-9:15PM	<b>Adult Beginner Series</b> 9:00AM-10:15AM	<b>Adult Drop-In</b> 1:00PM-2:30PM
<b>Adult Drop-In</b> 8:00PM-9:00PM	<b>Adult Beginner Series</b> 8:00PM-9:15PM	<b>Adult Beginner Series</b> 12:00PM-1:15PM	<b>Adult Team Practice</b> 8:00PM-9:30PM	<b>Adult Drop-In</b> 12:30PM-2:00PM	
<b>Adult Team Extension</b> 9:00PM-9:30PM	<b>Adult Team Practice</b> 8:00PM-9:30PM	<b>Adult Intermediate Series</b> 12:00PM-1:15PM			
		<b>Adult Aerial Series*</b> 12:00PM-1:15PM			
		<b>Adult Drop-In</b> 8:00PM-9:00PM			
		<b>Adult Team Extension</b> 9:00PM-9:30PM			

\* Our Adult Aerial Series is hosted at our Queen Village location (500 Kenilworth St.). All other adult classes are hosted at our Bok location (1901 S. 8th St.).

Have any questions or concerns? Email us at: [info@phillyinmovement.com](mailto:info@phillyinmovement.com) for more information.

Bok | 1900 S. 8th St., Philadelphia 19148