



**Bok Schedule** 

Winter 2025 Session: January 6th - March 22nd

| Mondays                     | Tuesdays                  | Wednesdays                | Thursdays                   | Fridays            | Saturdays                   |
|-----------------------------|---------------------------|---------------------------|-----------------------------|--------------------|-----------------------------|
| Lil' Tumblers 2             | Lil' Tumblers 1           | Lil' Tumblers 1 ↑         | Lil' Tumblers 2 ↑           | Lil' Tumblers 1    | Mini Rollers ↑              |
| (2-3 Years Old)             | (16-26 Months Old)        | (16-26 Months Old)        | (2-3 Years Old)             | (16-26 Months Old) | (3 Years Old)               |
| 4:00PM-4:45PM               | 9:45AM-10:30AM            | 10:00AM-10:45AM           | 9:45AM-10:30AM              | 10:15AM-11:00AM    | 9:00AM-9:45AM               |
| Young Intro to Gymnastics ↑ | Mini Rollers              | Young Intro to Gymnastics | Lil' Tumblers 2             | Trick Jam          | Lil' Tumblers 1             |
| (5-6 Years Old)             | (3 Years Old)             | (5-6 Years Old)           | (2-3 Years Old)             | (1-5 Years Old)    | (16-26 Months Old)          |
| 4:15PM-5:15PM               | 10:45AM-11:30AM           | 4:00PM-5:00PM             | 4:00PM-4:45PM               | 11:15AM-12:00PM    | 9:15AM-10:00AM              |
| Mini Rollers                | Mini Ninjas               | Short Wheelers            | Mini Rollers                | Trick Jam          | Short Wheelers ↑            |
| (3 Years Old)               | (3-5 Years Old)           | (4-5 Years Old)           | (3 Years Old)               | (1-5 Years Old)    | (4-5 Years Old)             |
| 5:00PM-5:45PM               | 4:00PM-4:45PM             | 5:15PM-6:00PM             | 5:00PM-5:45PM               | 4:00PM-4:45PM      | 9:30AM-10:15AM              |
| Short Wheelers              | Young Intro to Gymnastics | Mini Ninjas               | Young Intro to Gymnastics ↑ | Short Wheelers     | Lil' Tumblers 2             |
| (4-5 Years Old)             | (5-6 Years Old)           | (3-5 Years Old)           | (5-6 Years Old)             | (4-5 Years Old)    | (2-3 Years Old)             |
| 6:00PM-6:45PM               | 5:00PM-6:00PM             | 6:15PM-7:00PM             | 5:15PM-6:15PM               | 5:00PM-5:45PM      | 10:15AM-11:00AM             |
|                             | Young Ninja Training      |                           | Short Wheelers              |                    | Young Intro to Gymnastics ↑ |
|                             | (5-7 Years Old)           |                           | (4-5 Years Old)             |                    | (5-6 Years Old)             |
|                             | 6:15PM-7:15PM             |                           | 6:00PM-6:45PM               |                    | 10:15AM-11:15AM             |
|                             |                           | -                         |                             |                    | Lil' Tumblers 2             |
|                             |                           |                           |                             |                    | (2-3 Years Old)             |
|                             |                           |                           |                             |                    | 11:15AM-12:00PM             |
|                             |                           |                           |                             |                    | Trick Jam                   |
|                             |                           |                           |                             |                    | (1-5 Years Old)             |
|                             |                           |                           |                             |                    | 12:15PM-1:00PM              |

↑ = class is in our Main Gym on the first floor - all other classes are in our Mini Gym in the basement