

## **ADULT PROGRAMS - WINTER 2025**

## **Bok Schedule**

Winter 2025 Session: January 6th - March 22nd

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
Adult Beginner Series 12:00PM-1:15PM	Adult Drop-In 12:30PM-2:00PM	Adult Drop-In 9:00am-10:00am	Adult Intermediate Series 8:00PM-9:15PM	Adult Beginner Series 9:00AM-10:15AM	Adult Drop-In 1:00PM-2:30PM
Adult Drop-In 8:00PM-9:00PM	Adult Beginner Series 8:00PM-9:15PM	Adult Beginner Series 12:00PM-1:15PM	Adult Team Practice 8:00PM-9:30PM	Adult Drop-In 12:30PM-2:00PM	
Adult Team Extension 9:00PM-9:30PM	Adult Team Practice 8:00PM-9:30PM	Adult Intermediate Series 12:00PM-1:15PM			
		Adult Drop-In 8:00PM-9:00PM			
		Adult Team Extension 9:00PM-9:30PM			

Have any questions or concerns? Email us at: info@phillyinmovement.com for more information.

Bok | 1900 S. 8th St., Philadelphia 19148