



# 2024 - 2025 ADULT PROGRAMS

## Bok Schedule

Fall A Session: September 3rd - October 26th  
 Fall B Session: October 28th - December 21st

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<b>Adult Drop-In</b> 8:00PM-9:00PM	<b>Adult Beginner Series</b> 8:00PM-9:15PM	<b>Adult Drop-In</b> 9:00am-10:00am	<b>Adult Beginner Series</b> 8:00PM-9:15PM	<b>Adult Drop-In</b> 12:30PM-2:00PM	<b>Adult Drop-In</b> 1:00PM-2:30PM
<b>Adult Team Extension</b> 9:00PM-9:30PM	<b>Adult Team Practice</b> 8:00PM-9:30PM	<b>Adult Beginner Series</b> 12:00PM-1:15PM	<b>Adult Intermediate Series</b> 8:00PM-9:15PM		
		<b>Adult Drop-In</b> 8:00PM-9:00PM	<b>Adult Team Practice</b> 8:00PM-9:30PM		
		<b>Adult Team Extension</b> 9:00PM-9:30PM			

Have any questions or concerns? Email us at: [info@phillyinmovement.com](mailto:info@phillyinmovement.com) for more information.

Bok | 1900 S. 8th St., Philadelphia 19148