

Adult Virtual Schedule

November 23rd - December 18th Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Adult Flexibility</p> <p><i>Adults Only</i></p> <p>7:00PM-8:00PM</p> <p>Led By: Coach Teresa & Coach Eugenia</p>		<p>Adult Handstand</p> <p><i>Adults Only</i></p> <p>7:00PM-8:00PM</p> <p>Led By: Coach Teresa & Coach Eugenia</p>	