

## Mini InMovement Bella Vista — Spring Session 2018: April 9 - June 16

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Early Years Open Play</b> (10 mos - 5 yrs) 9:00 - 11:00 am	<b>Trick Jam</b> (1 - 4 yrs) 9:30 - 10:15am	<b>Early Years Open Play</b> (10 mos - 5 yrs) 9:00 - 9:45am		<b>Mini Gym Rompers</b> (3 - 5 yrs) 9:30 - 11:00am	<b>Early Years Open Play</b> (10 mos - 5 yrs) 9:30 - 10:15am
	<b>Lil' Tumblers 2</b> (24 - 36 mos) 10:30 - 11:15am	<b>Lil' Movers &amp; Shakers</b> (18 - 36 mos) 10:00 - 10:45am			<b>Lil' Movers &amp; Shakers</b> (18 - 36 mos) 10:30 - 11:15am
<b>Trick Jam</b> (1 - 4 yrs) 11:00 - 11:45am	<b>Mini Ninjas</b> (3 - 5 yrs) 11:30 - 12:15pm	<b>Mini Rollers</b> (3 - 4 yrs) 11:00 - 11:45am	<b>Short Wheelers</b> (4 - 5 yrs) 11:00 - 11:45am	<b>Early Years Open Play</b> (10 mos - 5 yrs) 11:00 - 11:45am	<b>Drop and Shop</b> (3 - 6 yrs) 11:30 - 12:30pm
<b>Family Open Play</b> (all ages) 3:30 - 4:30pm					
<b>Mini Rollers</b> (3 - 4 yrs) 4:30 - 5:15pm <b>Short Wheelers</b> (4 - 5 yrs) 4:30 - 5:15pm		<b>Family Open Play</b> (all ages) 4:00 - 5:00pm  <b>Mini Rollers</b> (3 - 4 yrs) 5:00 - 5:45pm <b>Short Wheelers</b> (4 - 5 yrs) 5:00 - 5:45pm		<b>Drop and Shop</b> (3 - 6 yrs) 4:30 - 5:30pm	
<b>Drop and Shop</b> (3 - 6 yrs) 5:30 - 6:30pm		<b>Ninja Training</b> (K - 6 <sup>th</sup> grade) 6:00 - 7:00pm		<b>Intro to Gymnastics</b> (K - 6 <sup>th</sup> grade) 5:30 - 6:30	

**Class Pricing**

10-week session  
45 min – 1 hr class \$220

**Discounts**

Sibling discount 20% off second child

Early Bird Discount 10% when you pay in full by 3/28

Multiple class discount: 20% off when you sign for more than one class per child

**Registration opens March 21st**

**Open Play and Specialty Open Gym Pricing**

<p><b>Drop-in</b> (max 8 per year)</p> <p><b>Open Play</b> \$15 per child \$12 sibling</p> <p><b>Specialty Open Gym</b> \$20 per child \$16 sibling \$10 membership rate</p>	<p><b>Packages</b> (Never expire)</p> <p><b>Basic Package</b> (Open Play only)</p> <p>6 visits for \$72 12 visits for \$132 <small>*Pay \$5 to use a visit on your package for a Specialty Open Gym</small></p> <p><b>Premium Package</b> (Open Play and Specialty Open Gym)</p> <p>6 visits for \$102 12 visits for \$192</p>	<p><b>Membership</b> (Cancel anytime)</p> <p><b>Basic Membership</b> \$40 per month single child \$60 per month family</p> <p>Unlimited open play at either studio Membership rate for specialty open gym 10% off parties, camps, and classes</p> <p><b>Premium Membership</b> \$60 per month single child \$90 per month family</p> <p>Unlimited open play at either studio Unlimited specialty open gym 20% off parties, camps, and classes</p>
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Classes	
<b>BABY GYMMERS™ (10 – 17 mos)</b>	Our baby gym program is designed to promote muscle and brain stimulation via gross motor development activities. This class is full of lots of crawling, rolling, standing, walking, climbing and smiling!
<b>LIL' TUMBLERS I™ (15 – 24 mos)</b>	Designed for the first time play gym experience, this stimulating parent participation program introduces balancing, tumbling, hanging and agility skills in a fun open environment.
<b>LIL' MOVERS AND SHAKERS™ (18 – 36 mos)</b>	Try a mix of the Lil' Tumblers class with a longer circle time that includes dances, songs, rhythms and props.
<b>LIL' TUMBLERS II™ (24 – 36 mos)</b>	Self-reliance increases at this age. Similar to Lil' Tumblers I, however parental involvement gradually decreases as little ones are encouraged to participate in more structured activities.
<b>MINI ROLLERS™ (3 – 4 yrs)</b>	This class is designed to help the first-time drop-off student feel safe and comfortable. Strength, flexibility and agility are increased as the children are introduced to new gymnastics skills through warm-up and obstacle courses.
<b>MINI KID FIT (3 – 5 yrs)</b>	Kids in this class will be on the move! Obstacle courses, games, basic ball skills, jumping, running and balancing are just some of the physical challenges children will be exposed to in this class. Social skills of kindness, teamwork and cooperation are encouraged.
<b>MINI GYM ROMPERS (3 – 5 yrs)</b>	This 90-minute class allows for us to dive deeper into each week's preschool related theme through creative movement, games, gymnastics obstacles, prop exploration, story time and yoga. We will continuously switch activities in a structured style and intersperse quiet times as well. Expose your child to the benefits that physical activity has on to early child development and learning. Prepare your child for school as they listen and follow directions, sequence, problem solve, build confidence and gain independence. Sign your child up for class and see them GROW!
<b>MINI NINJAS (3 – 5 yrs)</b>	Adapted from our School Aged Ninja Training class, kids will work on balance, coordination, and teamwork through various obstacle courses and games. This class is based in gymnastics but primarily focused on developing physical confidence and cooperation.
<b>SHORT WHEELERS™ (4 – 5 yrs)</b>	An introduction to basic gymnastics that engages the preschooler through imagination, props and being silly. A comprehensive warm-up is followed by circuits and stations around the gym.
<b>NINJA TRAINING (K - 6th grade)</b>	Obstacle courses, games, jumping, running and balancing are just some of the physical challenges students will be exposed to in this class. Teamwork and cooperation are encouraged, as well as developing physical confidence.
<b>INTRO TO GYMNASTICS (K - 6th grade)</b>	This is a class developed for our first-time gymnastics students AND students who have not yet tested into Gymnastics Level 1. If you're not sure, contact us to schedule a free assessment to ensure appropriate class placement.

Specialty Open Gyms	
<b>TRICK JAM (1 – 4 yrs)</b>	Not into circle time? Bring your little one to our Trick Jams and we'll show them different tricks around the gym while they play! Caregiver supervision required.
<b>UNPLUGGED (10 mos - 5 yrs)</b>	Kids can climb, jump, swing and get out lots of energy while musicians play live music! Reservations recommended. Caregiver supervision required.
<b>DROP &amp; SHOP (3 – 6 yrs)</b>	Take an hour to yourself while we show your little one tricks around the gym!
<b>OPEN WORKOUT (K - 8<sup>th</sup> grade)</b>	A time for school aged students to come practice their skills. Instructors are there to supervise and provide instruction.

<b>OPEN PLAY</b>	Uninstructed gym time. First come, first served. No reservations.		
	EARLY YEARS (10 mos - 5 yrs) Caregiver supervision required.	SCHOOL AGED (K - 6th grade) Drop off.	FAMILY (all ages) Caregiver supervision required.