

Fall Session 2017: September 18-December 23

Invitation Only Classes

| <u>Gymnastics</u> | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---------------|---------------|---------------|---------------|---------------|----------------|
| Sparklers (4 - 5 yrs) | | | 4:00 - 5:00pm | | | |
| Firecrackers (K - 6th grade) | 4:00 - 5:30pm | | | | | |
| Hot Shots (1st - 7th grade) | 4:00 - 5:30pm | | | | | |
| Mandatory Team & Pre-Team at Temple | | | 5:30 - 7:30pm | | | |
| Pre-Team | 5:00 - 7:00pm | 5:00 - 7:30pm | | | | 12:30 - 2:30pm |
| Team | 5:00 - 7:30pm | 5:00 - 7:30pm | | | 4:00 - 7:00pm | |
| Xcel | 5:00 - 7:00pm | | 5:30 - 7:30pm | 4:30 - 6:30pm | | |

Registration Opens August 15th!

Pricing:

45 min – 1 hr class for 14 wks: \$308 (\$22 per class)

1.5 hr – 1.75 hr class for 14 wks: \$390 (\$26 per class)

2 hr – 2.25 hr class for 14 wks: \$435 (\$29 per class)

Sibling Discount 20% off

Early Bird Discount 10% off must pay in full before 9/1

Fast-Track

Sparklers

The Sparklers program is designed for currently excelling Short Wheeler students. Students focus on the skills/terminology typically attained in an Intro class, including cartwheels, handstands and rolls. The goal is to advance students immediately to our Gym 1 program once they are school-aged.

Firecrackers

This class is for students that have shown great physical potential and enthusiasm during our Intro and Gym 1 classes. The goal of the class is to fast-track students to our Gym 2 program, with the long term goal of continuing through our Gym 3 and Pre-Team classes. *We strongly recommend* that Firecrackers be taken in addition to a standard Intro or Gym 1 class.

Hot Shots

This is a supplementary class designed for students currently excelling in our Gym 2 and Gym 3 classes. Students must demonstrate focus, a solid foundation of strength and an enthusiasm for learning new skills. The skills focused on in the class will be those required for entry into our Pre-Team program.

Philly InMovement

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