

## MOVE After School

<b><u>Activity Options</u></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Aerial (K - 6th grade)			5:00 - 6:00pm		
Ninja Training (K - 6th grade)				5:00 - 6:00pm	
Fitness ABCs (K - 6th grade)	5:00 - 6:00pm				
Move Your Body (Dance) (K - 6th grade)		4:00 - 5:00pm			
Intro to Gymnastics (K - 6th grade)	4:00 - 5:00pm		4:00 - 5:00pm	4:00 - 5:00pm	5:30 - 6:30pm*
Gymnastics Level 1 (K - 6th grade)	4:00 - 5:00pm		4:00 - 5:00pm		4:30 - 5:30pm
Gymnastics Level 2 (1st - 7th grade)	5:00 - 6:30pm*		5:00 - 6:30pm*	4:30 - 6:00pm*	
Gymnastics Level 3 (1st - 7th grade)	5:00 - 7:00pm*			4:30 - 6:30pm*	
Boys Intro (K - 6th grade)		5:00 - 6:00pm			
Boys Level 1 (K - 6th grade)		5:00 - 6:00pm			
Boys Level 2 (K - 6th grade)		5:00 - 6:30pm*			
Open Gym					3:30 - 4:30pm

Pricing (includes pick up,  
class and after care):  
**\$90 for 3 days: \$30/day**  
**\$64 for 2 days: \$32/day**  
**\$140 for 5 days: \$28/day**  
**\$120 for 4 days: \$30/day**  
**Sibling Discount: 20% Off**

\*To register for one of these classes as part of MOVE there is a fee of \$4 per additional half hour due to extended class time!

**Registration Opens August 15<sup>th</sup>!**

## Fall Session 2017: September 11-December 23

### MOVE After School Activity Options

You may choose one of the following activities for each day that your child attends MOVE After School:

#### Monday

4:00-5:00pm: Intro or Gym 1

5:00-6:00pm: Aerial or Gym 2\* or Gym 3\*

#### Tuesday

4:00-5:00pm: Move Your Body

5:00-6:00pm: Boys Intro or Boys Level 1 or Boys Level 2\*

#### Wednesday

4:00-5:00pm: Intro or Gym 1

5:00-6:00pm: Fitness ABCs or Gym 2\*

#### Thursday

4:00-5:00pm: Intro or Gym 2\* or Gym 3\*

5:00-6:00pm: Ninja Training

#### Friday

4:00-5:00pm: Open Gym or Gym 1

5:00-6:00pm: Intro\*

**\*To register for one of these classes as part of MOVE there is a fee of \$4 per additional half hour due to extended class time!**

**As classes fill up we will make every effort to accommodate as many students as possible. If a class that you want to register for is full, add your name to the waitlist and if we are able to open a spot, we will contact you as soon as we can!**

#### WHAT IS THE MOVE AFTER SCHOOL PROGRAM?

Through "MOVE After School" we will be able to pick up children from **Meredith, McCall, and Nebinger**, walk them back to InMovement and provide them with attention, homework help and most importantly the physical stimulation they crave!

Each day of the week an engaging, energy filled movement class will be offered by our talented teachers, including Ninja Training, Aerial, Dance, Fitness ABCs and of course the option to advance through our many Gymnastics class offerings and Friday Open Gym opportunities.

#### HOW CAN YOU ENROLL IN MOVE AFTER SCHOOL?

You choose which days you would like to enroll and which classes to take. We pick up and head back to the studio to eat snack and have open gym. After, depending on class start time, little ones will either work on homework/play games or take class, then switch!

Organized into three sessions, you preregister through our website, over phone or in person for the day/s your child will attend for the entire session.

Pricing ranges from \$28-36 per day depending on the number of days you come per week, with more of a discount the more days you come.