

Fall Session 2017: September 18-December 23

Parent/Child Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Baby Gymmers (10 - 17 mos)	9:30 -10:15am	11:45 - 12:30pm				
Lil' Tumblers 1 (15 - 24 mos)	9:30 -10:15am	9:00 - 9:45am	9:30 -10:15am		9:00 -9:45am	9:00 - 9:45am
Lil' Movers & Shakers (18 - 36 mos)				10:30 - 11:15am		
Lil' Tumblers 2 (24 - 36 mos)	10:30 -11:15am		10:30 - 11:15am	11:30 -12:15pm	10:00 - 10:45am	10:00 - 10:45am

BABY GYMMERS™ (10 – 17mo)

Our baby gym program is designed to promote muscle and brain stimulation via gross motor development activities. This class is full of lots of crawling, rolling, standing, walking, climbing and smiling!

LIL' TUMBLERS I™ (15 – 24 mos)

Designed for the first time play gym experience, this stimulating parent participation program introduces balancing, tumbling, hanging and agility skills in a fun open environment.

LIL' MOVERS AND SHAKERS™ (18 – 36 mos)

Try a mix of the Lil' Tumblers class with a longer circle time that includes dances, songs, rhythms and props.

LIL' TUMBLERS II™ (24 – 36 mos)

Self-reliance increases at this age. Similar to Lil' Tumblers I, however parental involvement gradually decreases as little ones are encouraged to participate in more structured activities.

Pricing: 45 min – 1 hr class for 14 wks: \$308 (\$22 per class)

Sibling Discount 20% off

Early Bird Discount 10% off must pay in full before 9/1

Registration Opens August 15th!

Philly InMovement

www.PhillyInMovement.com

267-239-0844

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500 Kenilworth St. Philadelphia, PA 19147

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Pre-School/Kinder

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mini Rollers (3 - 4 yrs)		3:45 - 4:30pm		3:30 - 4:15pm 6:00 - 6:45pm	11:00 - 11:45am	10:45 - 11:30am
Mini Kid Fit (3 - 5 yrs)			11:30 - 12:15pm			
Mini Gym Rompers (3 - 5 yrs)		10:00 - 11:30am				
Short Wheelers (4 - 5 yrs)		4:15 - 5:00pm	2:00 - 2:45pm	3:30 - 4:15pm 6:00 - 6:45pm	11:00 - 11:45am	11:45 - 12:30pm

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MINI ROLLERS™ (3 – 4 yrs): This class is designed to help the first time drop-off student feel safe and comfortable. Strength, flexibility and agility are increased as the children are introduced to new gymnastics skills through warm-up and obstacle courses.

MINI KID FIT (3 – 5 yrs): Kids in this class will be on the move! Obstacle courses, games, basic ball skills, jumping, running and balancing are just some of the physical challenges children will be exposed to in this class. Social skills of kindness, teamwork and cooperation are encouraged.

MINI GYM ROMPERS (3 – 5 yrs): This 90 minute class allows for us to dive deeper into each week's preschool related theme through creative movement, games, gymnastics obstacles, prop exploration, story time and yoga. We will continuously switch activities in a structured style and intersperse quiet times as well. Expose your child to the benefits that physical activity has on to early child development and learning. Prepare your child for school as they listen and follow directions, sequence, problem solve, build confidence and gain independence. Sign your child up for class and see them GROW!

SHORT WHEELERS™ (4 – 5 yrs): An introduction to basic gymnastics that engages the preschooler through imagination, props and being silly. A comprehensive warm-up is followed by circuits and stations around the gym.

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