

**Winter Session 2018: January 8-March 24**

**Parent/Child Classes**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Baby Gymmers</b> (10 - 17 mos)	9:30 -10:15am	11:15 - 12:00pm	12:00 - 12:45pm			
<b>Lil' Tumblers 1</b> (15 - 24 mos)	9:30 -10:15am		9:30 - 10:15am	9:30 - 10:15am	9:15 - 10:00am	9:00 - 9:45am
<b>Lil' Movers &amp; Shakers</b> (18 - 36 mos)			10:00 - 10:45am	10:30 - 11:15am		
<b>Lil' Tumblers 2</b> (24 - 36 mos)	10:30 -11:15am		10:30 - 11:15am	11:30 -12:15pm	10:15 – 11:00am	10:00 - 10:45am

**Pricing: 45 min – 1 hr class for 11 wks: \$242 (\$22 per class)**

**Sibling Discount 20% off**

**Early Bird Discount 10% off must pay in full before 1/2**

**Registration Opens December 20<sup>th</sup>!**

**BABY GYMMERS™ (10 – 17mo)**

Our baby gym program is designed to promote muscle and brain stimulation via gross motor development activities. This class is full of lots of crawling, rolling, standing, walking, climbing and smiling!

**LIL' TUMBLERS I™ (15 – 24 mos)**

Designed for the first time play gym experience, this stimulating parent participation program introduces balancing, tumbling, hanging and agility skills in a fun open environment.

**LIL' MOVERS AND SHAKERS™ (18 – 36 mos)**

Try a mix of the Lil' Tumblers class with a longer circle time that includes dances, songs, rhythms and props.

**LIL' TUMBLERS II™ (24 – 36 mos)**

Self-reliance increases at this age. Similar to Lil' Tumblers I, however parental involvement gradually decreases as little ones are encouraged to participate in more structured activities.

Philly InMovement

[www.PhillyInMovement.com](http://www.PhillyInMovement.com)

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500 Kenilworth St. Philadelphia, PA 19147

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### Pre-School/Kinder

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Mini Rollers</b> (3 - 4 yrs)		3:45 - 4:30pm	11:00 - 11:45am	3:30 - 4:15pm 6:00 - 6:45pm	11:15 – 12:00pm	10:45 - 11:30am
<b>Mini Kid Fit</b> (3 - 5 yrs)			11:30 - 12:15pm			
<b>Mini Gym Rompers</b> (3 - 5 yrs)		9:30 - 11:00am				
<b>Short Wheelers</b> (4 - 5 yrs)		4:15 - 5:00pm	11:00 - 11:45am 2:00 - 2:45pm	3:30 - 4:15pm 6:00 - 6:45pm	11:15 – 12:00pm	11:45 - 12:30pm

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**MINI ROLLERS™ (3 – 4 yrs):** This class is designed to help the first time drop-off student feel safe and comfortable. Strength, flexibility and agility are increased as the children are introduced to new gymnastics skills through warm-up and obstacle courses.

**MINI KID FIT (3 – 5 yrs):** Kids in this class will be on the move! Obstacle courses, games, basic ball skills, jumping, running and balancing are just some of the physical challenges children will be exposed to in this class. Social skills of kindness, teamwork and cooperation are encouraged.

**MINI GYM ROMPERS (3 – 5 yrs):** This 90 minute class allows for us to dive deeper into each week's preschool related theme through creative movement, games, gymnastics obstacles, prop exploration, story time and yoga. We will continuously switch activities in a structured style and intersperse quiet times as well. Expose your child to the benefits that physical activity has on to early child development and learning. Prepare your child for school as they listen and follow directions, sequence, problem solve, build confidence and gain independence. Sign your child up for class and see them GROW!

**SHORT WHEELERS™ (4 – 5 yrs):** An introduction to basic gymnastics that engages the preschooler through imagination, props and being silly. A comprehensive warm-up is followed by circuits and stations around the gym.

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